FREE PRINTABLE

Baby Registry Checklist

Everything to add to your registry, sorted by room and routine, with suggested quantities.

VitaMamma

How to print

Thanks for choosing the VitaMamma Baby Registry Checklist. These tips help every page come out clean.

Pick your size

This download includes two files: **US Letter** (8.5 × 11 in) and **A4** (210 × 297 mm). Use the one that matches your paper.

Print at 100%

In the print window choose **Actual size** or **100%**, not "Fit to page", so boxes and cut lines keep their size.

Paper

Regular printer paper works for worksheets. For cards and signs, cardstock (65 to 110 lb / 176 to 300 gsm) feels sturdier.

Print only what you need

Every page stands alone. Choose a page range in your print window to skip the cover and save ink.

Need help?

If a file won't open or something looks wrong, write to us through the contact page at vitamamma.com and include your order email.

Baby Registry Checklist

Tick what you add, and use the numbers on the right as a starting point, not a rule.

Sleep & Nursery

- [ ] Crib or bassinet
- [ ] Firm, flat crib mattress
- [ ] Fitted crib sheets 2–3
- [ ] Waterproof mattress protectors 2
- [ ] Sleep sacks 2–3
- [ ] Swaddles 3–4
- [ ] Baby monitor
- [ ] Dresser or changing table
- [ ] Changing pad + covers 2
- [ ] Glider or rocking chair
- [ ] Blackout curtains
- [ ] White noise machine
- [ ] Night light
- [ ] Laundry hamper

My extras

- [ ] _____
- [ ] _____
- [ ] _____

Safe sleep: keep the crib bare, with only a fitted sheet on a firm, flat mattress, and no pillows, bumpers, blankets or soft toys. This follows American Academy of Pediatrics guidance.

Feeding

- [ ] Bottles 4–6
- [ ] Extra nipples (next flow size)
- [ ] Bottle brush + drying rack
- [ ] Breast pump (check your insurance)
- [ ] Milk storage bags
- [ ] Nursing pillow
- [ ] Nursing bras 2–3
- [ ] Nursing pads
- [ ] Burp cloths 6–8
- [ ] Bibs 6+
- [ ] Pacifiers 2–3
- [ ] High chair (for about 6 months)

Diapering

- [ ] Diapers, newborn size
- [ ] Diapers, size 1
- [ ] Wipes
- [ ] Diaper cream
- [ ] Diaper pail + refills
- [ ] Portable changing pad
- [ ] Diaper bag
- [ ] Wet bags 2

Bath & Care

- [ ] Infant bathtub
- [ ] Hooded towels — 2–3
- [ ] Washcloths — 6
- [ ] Gentle, fragrance-free baby wash
- [ ] Soft hairbrush
- [ ] Nail clippers or file
- [ ] Nasal aspirator
- [ ] Digital thermometer
- [ ] Infant first-aid kit
- [ ] Cool-mist humidifier

Clothing (Newborn & 0–3 Months)

- [ ] Bodysuits — 7–10
- [ ] Footed sleepers or gowns — 5–7
- [ ] Pants — 4–6
- [ ] Socks — 6 pairs
- [ ] Hats — 2–3
- [ ] Scratch mittens — 2
- [ ] Seasonal outerwear or bunting — 1
- [ ] Going-home outfit — 1

My extras

- [ ] _____
- [ ] _____

Gear & On the Go

- [ ] Rear-facing infant car seat
- [ ] Stroller or travel system
- [ ] Baby carrier or wrap
- [ ] Play yard
- [ ] Bouncer or swing
- [ ] Play mat or activity gym
- [ ] Extra car seat base
- [ ] Car window shades

Play & Learning

- [ ] Board books — 5+
- [ ] High-contrast cards
- [ ] Soft rattles — 2
- [ ] Teething toys (from about 3 months) — 2–3
- [ ] Tummy-time mirror

For the Parents

- [ ] Postpartum pads
- [ ] Peri bottle
- [ ] Nursing-friendly pajamas — 2
- [ ] Large water bottle
- [ ] Easy snacks for night feeds
- [ ] Meal delivery gift cards
- [ ] Diaper or wipes subscription

Registry tips

A few habits that make a registry easier for you and for the people buying from it.

Start early, add in waves

Many parents open a registry around 20 weeks. Add the basics first, then fill gaps after the baby shower.

Mix price points

Include small items (wipes, burp cloths) next to big ones (car seat, stroller) so every guest can find something.

Size up on clothes

Babies outgrow newborn sizes fast. Ask for more 0–3 and 3–6 month clothes than newborn.

Check the big safety items

Buy car seats and cribs new and check for recalls at nhtsa.gov and cpsc.gov.

Group gifts

Most registries let several people chip in for one large item, like a travel system.

Keep a thank-you list

Note who gave what as gifts arrive. It makes thank-you cards quick.

Notes

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